

FIGHTING FEAR

Mark 4:35-41

Fellowship 
CHURCH



62%

of Americans feel more anxious and fearful than they did at this time last year, which is nearly twice as much.

American Psychiatric Association, 2020

Fellowship 
CHURCH

**We are all battling
fear and anxiety.**



35 On that day, when evening had come, he said to them, "Let us go across to the other side." 36 And leaving the crowd, they took him with them in the boat, just as he was. And other boats were with him. 37 And a great windstorm arose, and the waves were breaking into the boat so that the boat was already filling.

MARK 4:35-41

38 But he was in the stern, asleep on the cushion. And they woke him and said to him, "Teacher, do you not care that we are perishing?" 39 And he awoke and rebuked the wind and said to the sea, "Peace! Be still!" And the wind ceased, and there was a great calm.

MARK 4:35-41

40 He said to them, "Why are you so afraid? Have you still no faith?" 41 And they were filled with great fear and said to one another, "Who then is this, that even the wind and the sea obey him?"

MARK 4:35-41

On that day, when evening had come, he said to them, "Let us go across to the other side."

MARK 4:35

"Let us go across"

to go through, to pass through, journey through

Jesus made a promise to the disciples that they would cross to the other side of sea, even before they left.

And leaving the crowd, they took him with them in the boat, just as he was. And other boats were with him.

MARK 4:36



And a great windstorm arose, and the waves were breaking into the boat, so that the boat was already filling.

MARK 4:37



Warren Wiersbe

“Jonah ended up in a storm because of his disobedience, but the disciples got into a storm because of their obedience.”

*But he was in the stern, asleep on the cushion.
And they woke him and said to him, “Teacher,
do you not care that we are perishing?”*

MARK 4:38

And he awoke and rebuked the wind and said to the sea, "Peace! Be still!" And the wind ceased, and there was a great calm.

MARK 4:39

He didn't simply calm the storm; he SILENCED the storm.

He said to them, “Why are you so afraid? Have you still no faith?”

MARK 4:40

Why did Jesus accuse them of having no faith?

- 1) They didn't believe his word when he promised them a safe arrival to the other side
- 2) It still had not dawned on them yet who Jesus really was and what he was capable of
- 3) They accused Jesus of not caring about them

Jesus' Rebuke

the unbelief of his disciples

And they were filled with great fear and said to one another, “Who then is this, that even the wind and the sea obey him?”

MARK 4:41

They came to the other side of the sea...

MARK 5:1

**They arrived at the other side
of the sea, just as Jesus
promised they would.**

1) We were never promised that everyone will like us, and we will be popular

1) We were never promised that everyone will like us, and we will be popular

“If they persecuted me, they will also persecute you...”
John 15:20

“Indeed, all who desire to live a godly life in Christ Jesus will be persecuted,”
2 Timothy 3:12

2) We were never promised that life will be easy

2) We were never promised that life will be easy

“I have said these things to you, that in me you may have peace. In the world you will have trials and sorrows...”

John 16:33

3) We were never promised great wealth and prosperity

3) We were never promised great wealth and prosperity

“Again I tell you, it is easier for a camel to go through the eye of a needle than for a rich person to enter the kingdom of God.”

Matthew 19:24

4) We were never promised that everything will work out in this life

4) We were never promised that everything will work out in this life

“And we know that for those who love God all things work together for good, for those who are called according to his purpose. 29 For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the firstborn among many brothers.”

Romans 8:28-29

“For this is the will of God, your sanctification...”

1 Thessalonians 4:3

**5) We were never promised that God would not
give you more than you can handle**

5) We were never promised that God would not give you more than you can handle

“Come to me, all who labor and are heavy burdened...”
Matthew 11:28

“Salvation is not a reward for the good things we have done, so none of us can boast about it.”
Ephesians 2:9

Some Promises God HAS Given Us

Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.

Matthew 11:28-30

Some Promises God HAS Given Us

Jesus told her, 'I am the resurrection and the life. Anyone who believes in me will live, even after dying.'

John 11:25

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

John 14:27

Some Promises God HAS Given Us

I have told you all this so that you may have peace in me. Here on earth you will have many trials and sorrows. But take heart, because I have overcome the world.”

John 16:33

Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.

Isaiah 41:10

“for God gave us a spirit not of fear but of power and love and self-control.”

2 TIMOTHY 1:7

**We fight fear with
foundational faith, which is
built upon God's promises.**

“He will wipe every tear from their eyes, and there will be no more death or sorrow or crying or pain. All these things are gone forever.”

REVELATION 21:4

“Look, God’s home is now among his people! He will live with them, and they will be his people. God himself will be with them.”

REVELATION 21:3

**God's promises will
never change**

“And Jesus came and said to them, “All authority in heaven and on earth has been given to me. 19 Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, 20 teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age.”

MATTHEW 18:18-20